

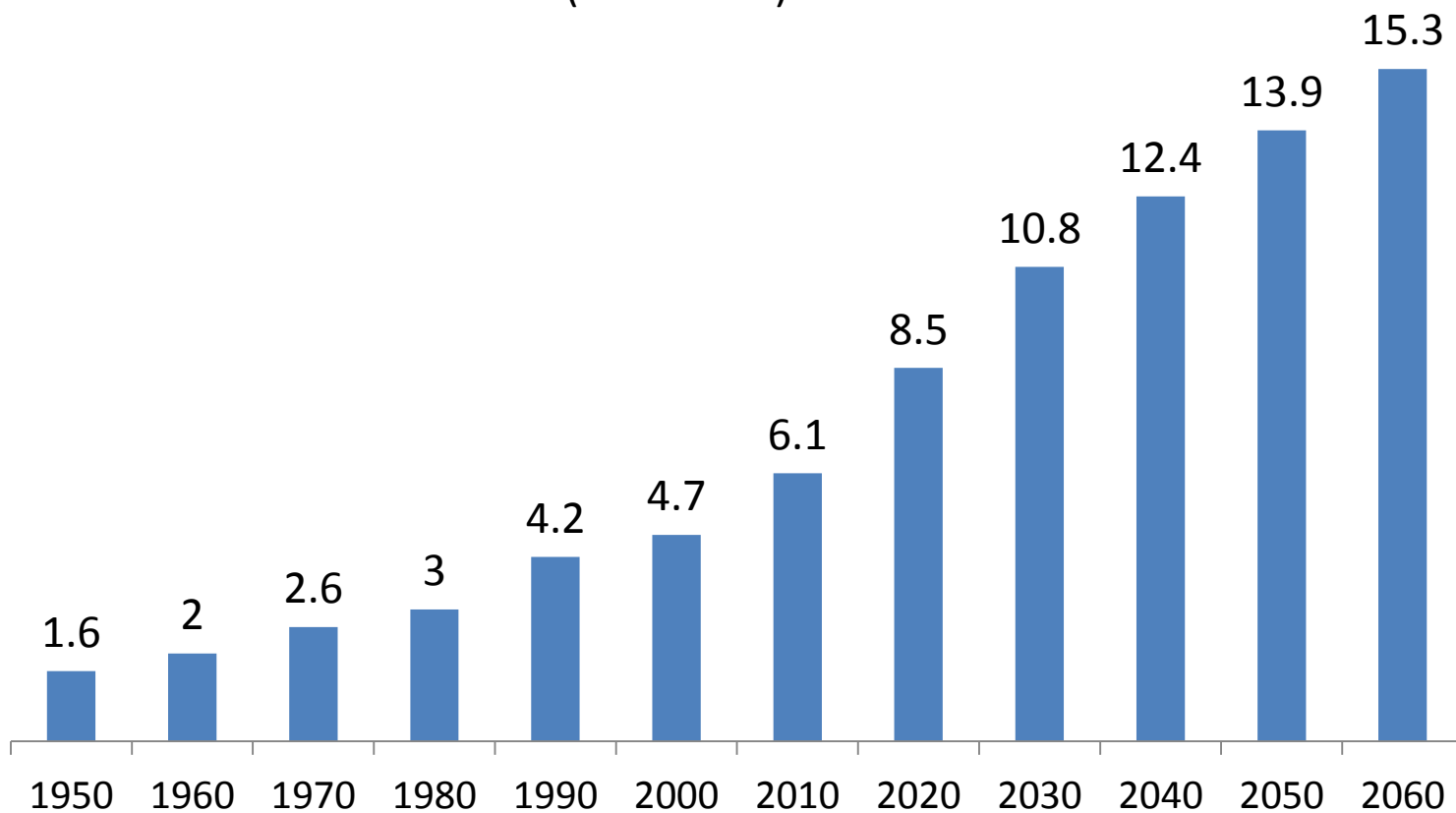
California Health & Human Services Agency

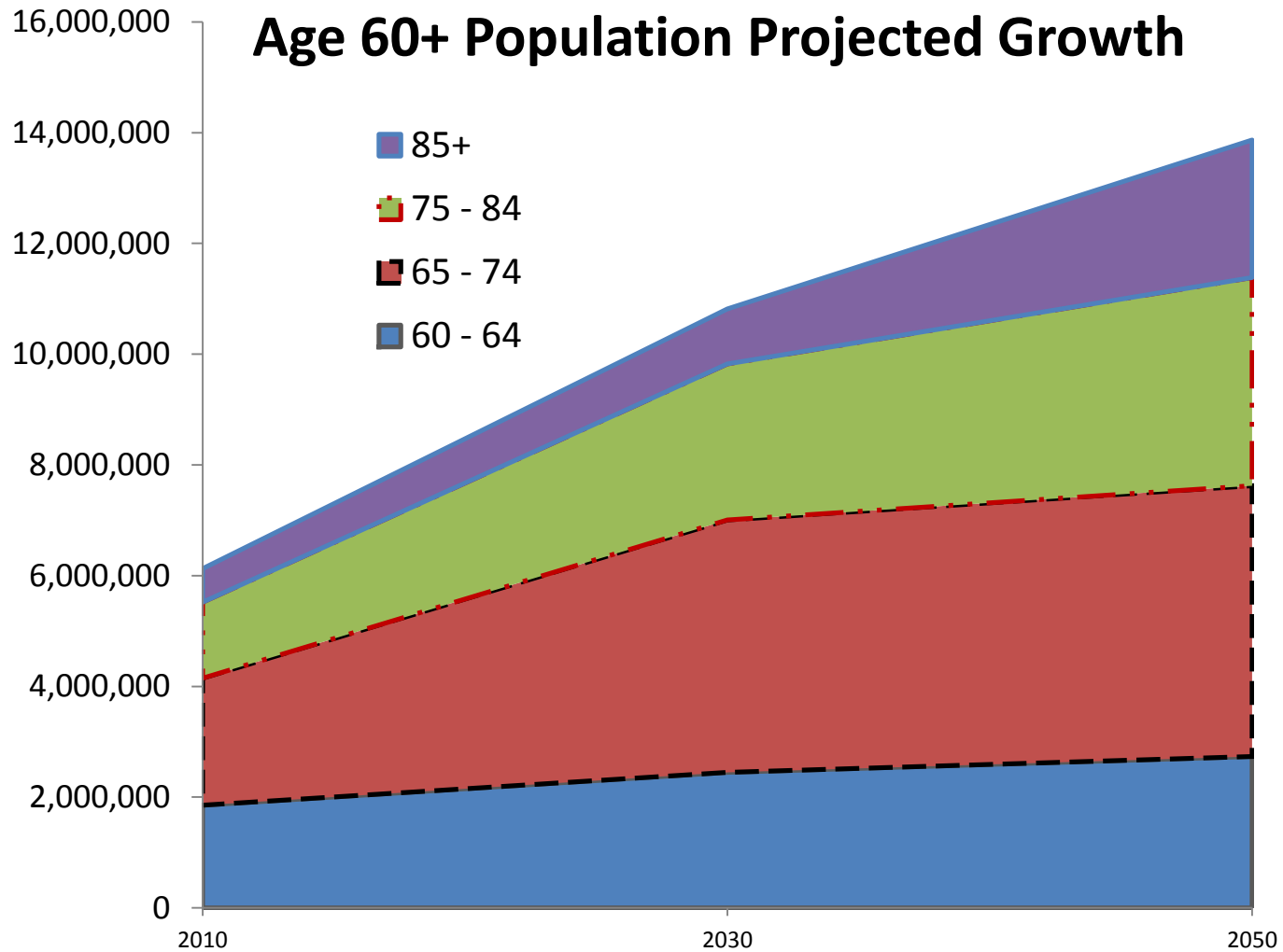
Olmstead Advisory Committee Meeting

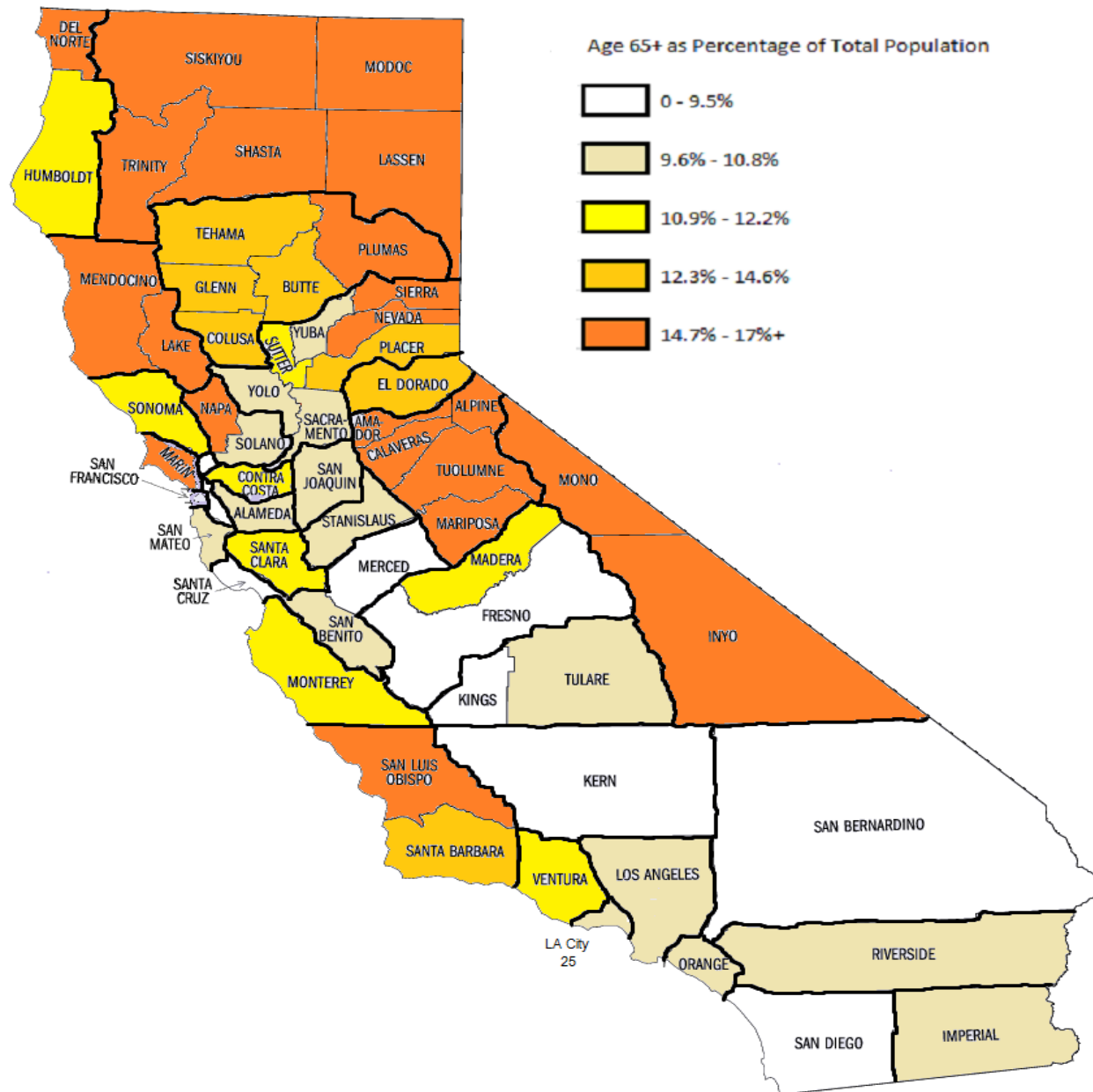
**Overview of
California State Plan on Aging
August 14, 2013**

California Population Age 60 and Over (1950-2060)

(in millions)







A Snapshot of Older Californians Age 60+

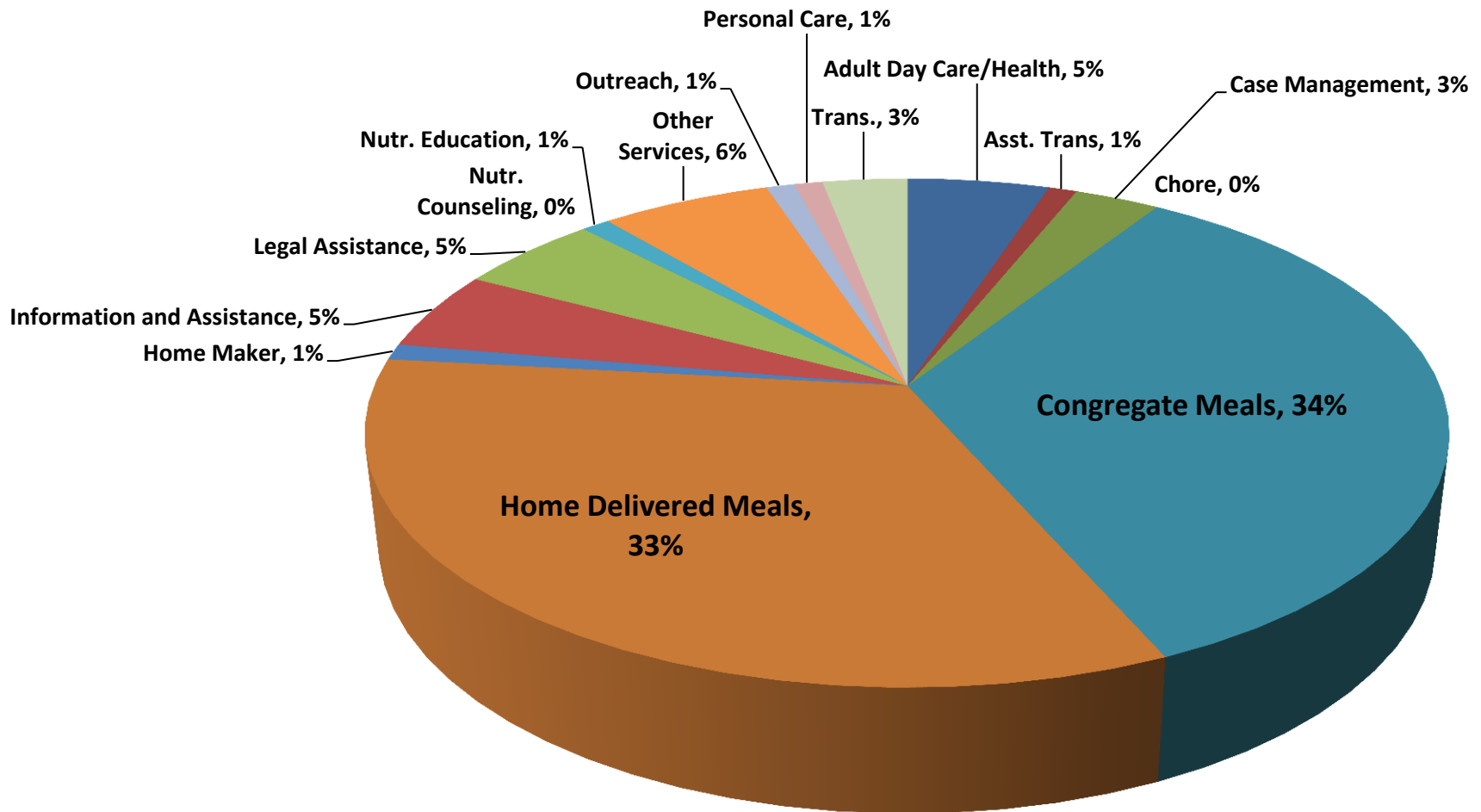
Characteristics	2005-2009, 2010
Living in a nursing home [a]	1.7%
Poor or near poor (0-199% of poverty) [b]	28%
Below poverty level [c]	9.8%
Medi-Cal beneficiaries [d]	19.1%
Limited English proficiency [e]	20.3%
Living alone [f]	22.5%
Women age 60+ living alone [g]	45%
Percent with any disability [h]	43%
Proportion of Californians age 75 and older with a driver's license [i]	61%
Homeowners [j]	77%
With high school diploma or higher [k]	77%
Number of grandparents responsible for basic needs of grandchildren [l]	119,103

Programs Included in the 2013-2017 CDA State Plan on Aging

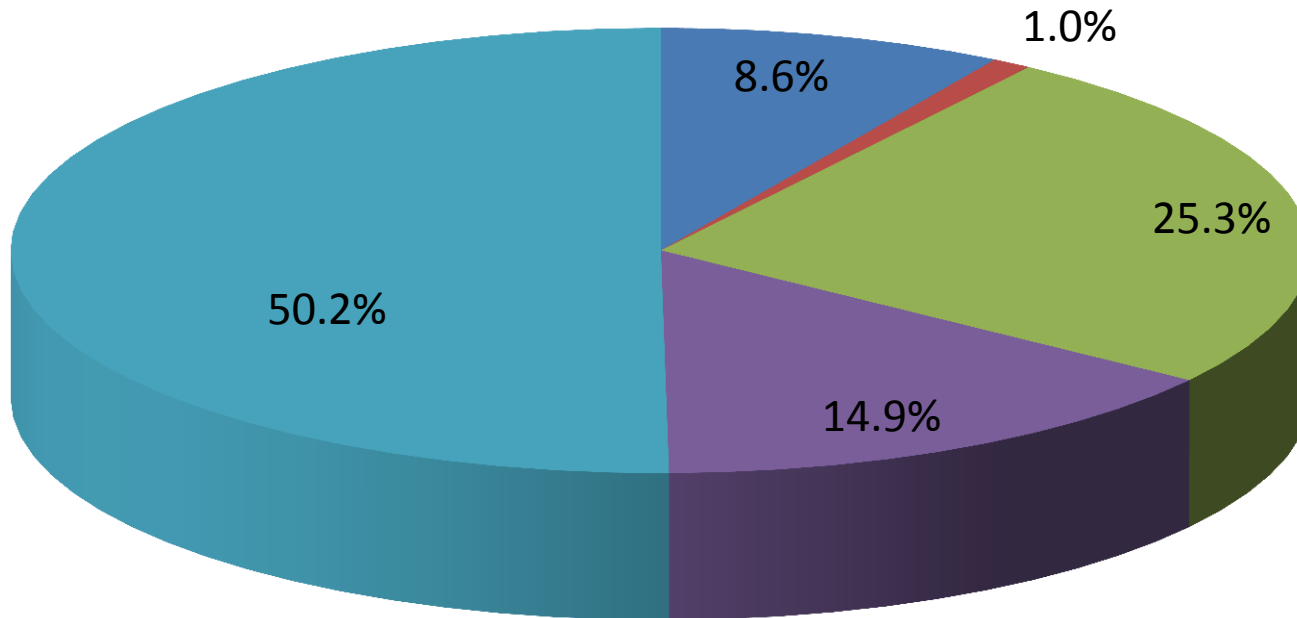
Federal Funding Sources	Program
Administration on Community Living/Administration on Aging	Older Americans Act Programs & Services
Center for Medicare & Medicaid (CMS)	<ul style="list-style-type: none"> • Health Insurance Counseling and Advocacy Program (HICAP) • Multipurpose Senior Services Program (MSSP) ** • Community Based Adult Services (CBAS) **
Department of Labor	Senior Community Services Employment

** Administered through an Interagency Agreement with the California Department of Health Care Services

2011-2012
Older Americans Act
Title III Services by Total Expenditures



Ethnicity of Older Americans Act Registered Clients (CA-2012)



■ Black/African American

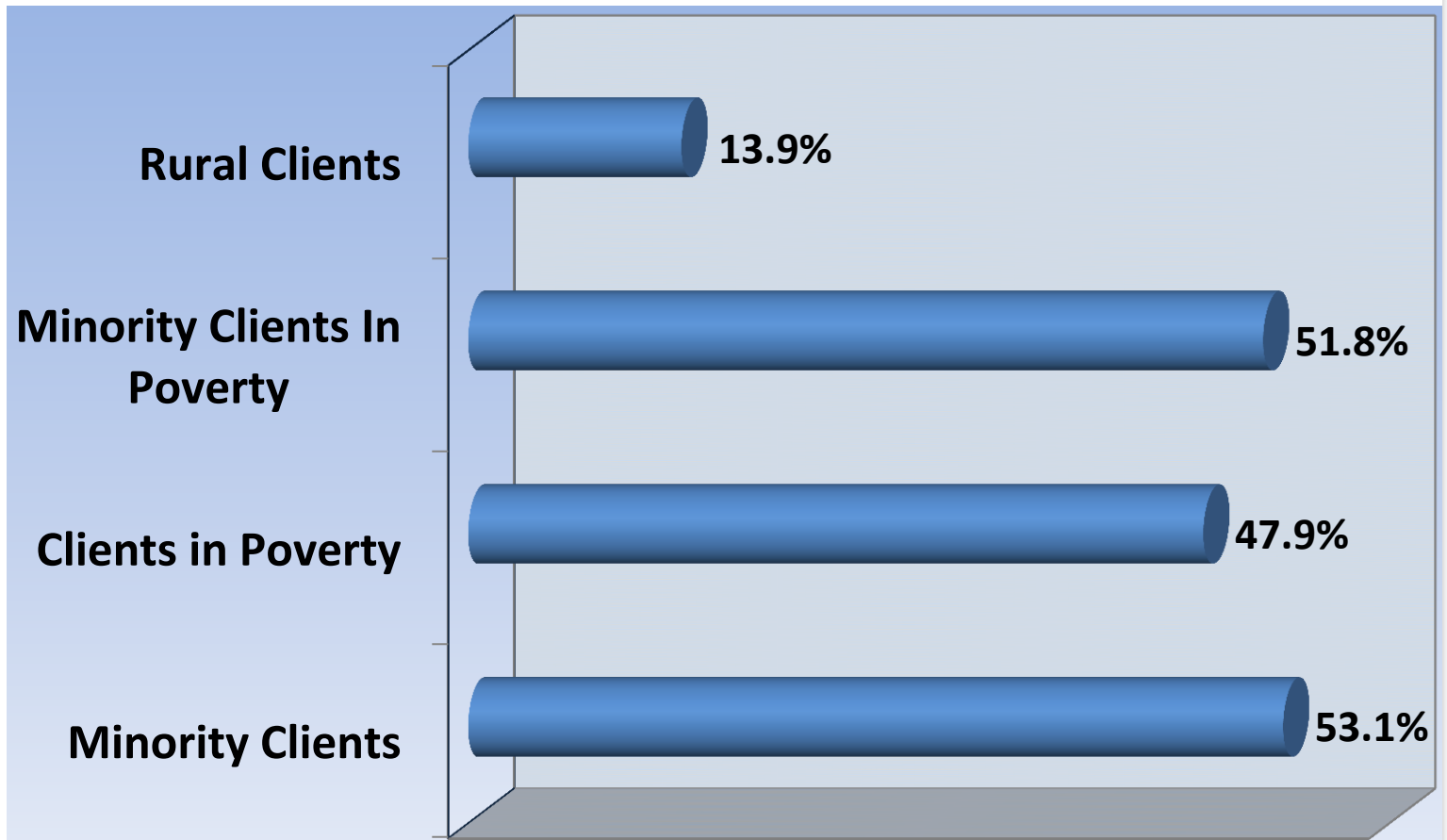
■ Asian/Pacific Islander

■ White/Non-Hispanic

■ American Indian/Alaskan Native

■ Hispanic/Latino

Older Americans Act Registered Clients by Targeting Status—CA 2012



California State Plan on Aging Background

- Submitted once every four years
- October 1, 2013 through September 30, 2017
- Four Goals with Objectives, Strategies, and Performance Measures

California State Plan on Aging

GOAL I

Empower older Californians, adults with disabilities, and their caregivers to easily access the information they need to make informed decisions.

California State Plan on Aging

GOAL II

Enable older Californians, adults with disabilities, and their caregivers to be active and supported in their homes and communities.

California State Plan on Aging

GOAL III

Enable older Californians, adults with disabilities, and their caregivers to be healthy.

California State Plan on Aging

GOAL IV

Protect the consumer rights of older Californians and adults with disabilities and assist them to obtain needed benefits.

California State Plan on Aging Objectives

GOAL I: Empower older Californians, adults with disabilities, and their caregivers to easily access the information they need to make informed decisions.

- Make information on health and supportive services accessible to older adults, their caregivers, and others to promote independence and wellness.
- Provide enhanced beneficiary outreach, counseling, and education to individuals who are dually eligible for Medi-Cal and Medicare to help them make informed decisions about their benefit options under California's Coordinated Care Initiative (CCI).

California State Plan on Aging Objectives

GOAL I: Empower older Californians, adults with disabilities, and their caregivers to easily access the information they need to make informed decisions.

- Publicize information on long-term care issues and trends so that consumers and their families are empowered to make informed decisions.

California State Plan on Aging Objectives

GOAL II: Enable older Californians, adults with disabilities, and their caregivers to be active and supported in their homes and communities.

- Support successful implementation of California's Coordinated Care Initiative (CCI).
- Participate in developing a universal assessment instrument (UAI) and process to support individualized care planning and facilitate care coordination for CCI participants needing long-term services and supports (LTSS).

California State Plan on Aging

Objectives

GOAL II: Enable older Californians, adults with disabilities, and their caregivers to be active and supported in their homes and communities.

- Conduct a pilot to test the merit of implementing statewide cost-sharing as allowable in OAA services.
- Expand opportunities for community involvement and volunteerism to increase the availability of services to older adults, persons with disabilities, and family caregivers; promote peer-to-peer support programs; and foster intergenerational service programs.

California State Plan on Aging Objectives

GOAL II: Enable older Californians, adults with disabilities, and their caregivers to be active and supported in their homes and communities.

- Advance the availability of transportation services that are responsive to the needs of older adults, adults with disabilities, and their family caregivers.

California State Plan on Aging Objectives

GOAL III: Enable older Californians, adults with disabilities, and their caregivers to be healthy.

- Promote healthier living through evidence-based chronic disease self-management education (CDSME) programs targeted to adults with various chronic conditions and family caregivers, particularly those impacted by Alzheimer's disease or related dementia.
- Support older adults in increasing their access to nutritious foods and establishing healthy eating habits.

California State Plan on Aging Objectives

GOAL III: Enable older Californians, adults with disabilities, and their caregivers to be healthy.

- Support efforts to make the evidence-based Savvy Caregiver Support Program and the Spanish-language adaptation of the program, *Cuidando con Respeto*, available to families impacted by Alzheimer's disease and related dementia.

California State Plan on Aging

Objectives

GOAL IV: Protect the consumer rights of older Californians and adults with disabilities and assist them to obtain needed benefits.

- Evaluate coordination efforts between local Long-Term Care Ombudsman programs (LTCOP) and county Adult Protective Services (APS) agencies and local law enforcement agencies and provide technical assistance to improve coordination.
- Collaborate with the University of California, Irvine (UCI) and other state and local entities to create a practical and replicable model for elder abuse prevention and risk reduction among older adults with dementia.

California State Plan on Aging Objectives

GOAL IV: Protect the consumer rights of older Californians and adults with disabilities and assist them to obtain needed benefits.

- Improve coordination between local LTCOPs and OAA Legal Services Providers (LSP) to increase access to legal services by residents in long-term care facilities.
- Participate in the state-level partnership to reduce the use of antipsychotic medications in conjunction with the Centers for Medicare & Medicaid Services' Initiative to Improve Dementia Care in Skilled Nursing Facilities.

California State Plan on Aging Objectives

GOAL IV: Protect the consumer rights of older Californians and adults with disabilities and assist them to obtain needed benefits.

- Establish relationships and collaborate with tribal organizations receiving Title VI funding on areas of mutual interest.

California State Plan on Aging

Link to Draft State Plan:

http://www.aging.ca.gov/AboutCDA/Publications/publicnotice_stateplan.asp

Slide Data Sources

- **Slides 2 and 3:**
 - State of California, Department of Finance, Population Projections for California and Its Counties 2010-2060, by Age, Gender and Race/Ethnicity, Sacramento, California, January 2013. Retrieved from the Department of Finance web site: www.dof.ca.gov
- **Slide 4:**
 - UCLA Center for Health Policy Research. *California Health Interview Survey: Data Set: 2005-2009*, retrieved from California Health Interview Survey web site: www.chis.ucla.edu

Slide Data Sources

Slide 5:

- a) UCLA Center for Health Policy Research. *California Health Interview Survey: Data Set: 2005-2009*, retrieved from California Health Interview Survey web site: www.chis.ucla.edu
- b) American Community Survey, *American Community Survey 3-Year Estimates (2005-2007)*, retrieved from US Census Bureau web site: www.factfinder.census.gov
- c) UCLA Center for Health Policy Research, p. 11
- d) State of California, Department of Health Care Services, *Medical Care Statistics - Medi-Cal Beneficiaries by Age Category, 2007*, retrieved from California Department of Health Care Services web site: www.dhcs.ca.gov
- e) American Community Survey, p. 11

Slide Data Sources

Slide 5 (continued):

- f) UCLA Center for Health Policy Research, p. 11.
- g) Ibid.
- h) Ibid.
- i) The Office of Highway Policy Information (OHPI), *Section III: Driver Licensing (Highway Statistics 2010)*, retrieved from the Department of Transportation web site: <http://www.fhwa.dot.gov>.
- j) UCLA Center for Health Policy Research, p. 11.
- k) Ibid.
- l) American Community Survey, p. 11.